



## REMEMBERING

# Claude Francoise Pomerol

October 2, 1948 - November 4, 2011



### Paralympian Finishes Her Final Race

Claude Francoise Pomerol, who not only won a gold medal in the 100-metre track event at the 1988 Seoul Paralympics, she also set a world record. In addition, she won a silver medal in the 200-metres at the same games. This was a dream that began in France when Claude was a teenager. A motor vehicle accident changed the course of history. Decades later, when she became an amputee, she could resume running and begin to pursue her long-held dream.

Feisty, stubborn, determined and more, these are qualities that many athletes have and are desirable for winning in most arenas. She took them into her personal life and was able to achieve many things - motivational speaker, BC Champion of Toastmasters, International and charitable works in Honduras - to name but a few.

Her final race ended November 4 in Powell River General Hospital succumbing to an arch enemy of many, cancer. She can be at peace now and rest. Her spirit and impact will be felt and live on in all who knew and loved her from around the globe.

Claude is survived by her children, Nathalie Hrad of Courtenay, Steve Hrad of Powell River and her brother Eric Pomerol of Paris, France. Claude was predeceased by her husband and love of her life, Bryan Toews.

There will be a celebration of life held on Friday, November 18 from 2 - 4 pm at Cranberry Seniors' Centre in Powell River. In lieu of flowers, any contributions can be made to the Amputee Coalition of BC, 10080 Numer 3 Road, Richmond, BC V7A 1W4.

